

Week:
Sept 25-29,
2023

Unit theme:
All about Me and My Emotions

Learning Centers:
1. Blocks
2. Play dough – Emotion Faces
3. Home Living
4. Legos
5. Little people town

6. Sensory table – emotion color sort
7. build a family – math activity
8. Emotion Block
9. Make a face – felt board
10. Fine motor – cutting with scissors

		Monday	Tuesday	Wednesday	Thursday	Friday
7:15-8:15	Arrival – Sign in	Outside Arrival	Outside Arrival	Outside Arrival	Outside Arrival	No School
8:15-8:30	Recess	Recess	Recess	Recess	Recess	Recess
8:30-9:00	Morning Meeting and Math based Calendar time Social emotional skill Math skill number 4	Morning Meeting Introductions Brain Smart start I love you Ritual – Twinkle little star what a wonderful child you are. Review Morning Routine: Attendance and Wish You Well	Morning Meeting Introductions Brain Smart start I love you Ritual – Twinkle little star what a wonderful child you are. Review Morning Routine: Attendance and Wish You Well Al’s Pals lesson 5	Morning Meeting Introductions Brain Smart start I love you Ritual – Little Miss Muffet Go over Morning Routine: Attendance and Wish You Well	Morning Meeting Introductions Brain Smart start I love you Ritual – Little Miss Muffet Go over Morning Routine: Attendance and Wish You Well Al’s Pals lesson 6	Morning Meeting Introductions Brain Smart start I love you Ritual – Little Miss Muffet Go over Morning Routine: Attendance and Wish You Well
9:00-9:15	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break
9:15-9:30	AM Snack	AM Snack	AM Snack	AM Snack	AM Snack	AM Snack
9:30-9:45	Circle time Alphabet song Letter of the week L	Alphabet song Letters in our name song All about the Letter L Please pass the letter (First initial in name) Letter L song Letter L song 2	Alphabet song Letters in our name song All about the Letter L Please pass the letter (First initial in name) Letter L song Letter L song 2	Alphabet song Letters in our name song All about the Letter L Please pass the letter (First initial in name) Letter L song Letter L song 2	Alphabet song Letters in our name song All about the Letter L Please pass the letter (First initial in name) Letter L song Letter L song 2	Alphabet song Letters in our name song All about the Letter L Please pass the letter (First initial in name) Letter L song Letter L song 2
9:45-9:55	Music and movement	Emotions Song Count on me Mat man	Emotions Song Count on me Mat man	Emotions Song Tapping to the Alphabet Count on me	Emotions Song Count on me Mat man	Emotions Song Tapping to the Alphabet Count on me

9:55-10:15	Story time Theme based book and lesson	Book: The Way I Feel Discuss Excited Feelings Sort pictures into 2 groups – things that are exciting/not exciting.	Book: A Little Bit Brave Discuss Worried Feelings- Sing a song about strategies to use when we are worried. Play shape recognition game	Book: The Boy with Big, Big Feelings Discuss the meaning of impatience. 5 Little children poem	Book: The Way I Feel Discuss what it means to feel overwhelmed Play overwhelmed strategies game	Book:
10:15-10:45	Art and Centers Small group time: Math and Literacy	Build a silly face – collage Journals – Horizontal/vertical lines Sensory table Mr. Potato Head Cutting with scissors Small group: Be kind when someone is sad - practice being kind to others by noticing when someone is sad and responding appropriately.	Feelings face matching game Emotions face slide project Sensory table Mr. Potato head Lacing beads Blocks Fine motor Journals – letters or numbers Small group: Helping when someone is mad – practice being kind to others by noticing when someone is mad and responding appropriately	Music with Miss Aysia Small group: What to do when you have a problem – discuss and practice a problem-solving solution	Spanish with Miss Brea Play dough cutting Tracing my first initial of my name and using dry erase markers Sensory table sort Mr. potato Head Feeling blocks Small group: What to do when you have a problem – discuss and practice a problem-solving solution	
10:45-11:15	Recess	Recess	Recess	Recess	Recess	Recess
11:15-11:30	Story time					
11:30-12:00	Lunch - Review Manners	Lunch	Lunch	Lunch	Lunch	Lunch
12-12:45	Read aloud / Quite time	Read aloud / Quite time	Read aloud / Quite time	Read aloud / Quite time	Read aloud / Quite time	Read aloud / Quite time
12:45-12:45	Bathroom break Get ready for recess	Bathroom break Get ready for recess	Bathroom break Get ready for recess	Bathroom break Get ready for recess	Bathroom break Get ready for recess	Bathroom break Get ready for recess
12:45-1:30	Recess	Recess	Recess	Recess	Recess	Recess
1:30-1:45	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break
1:45-2	Story time	Students Choice	Students Choice	Students Choice	Students Choice	Students Choice
2-2:45	Centers	Sign with Miss Savannah	Students Choice	Students Choice	Cooking - Pizzas	Students Choice

2:45-3:00	Music and movement - Yoga	Music and movement – Yoga <u>Colors of Me Yoga</u>	Music and movement- Yoga <u>Colors of Me Yoga</u>	Music and movement – Yoga <u>Colors of Me Yoga</u>	Music and movement – Yoga <u>Colors of Me Yoga</u>	Music and movement – Yoga <u>Colors of Me Yoga</u>
3:00-3:30	PM Snack Social Centers/recess Pack-up for pick-ups					