

Week:
Sept 18-22,
2023

Unit theme:
All about Me and My Emotions

Learning Centers:
1. Blocks
2. Play dough – Emotion
Faces
3. Home Living
4. Legos
5. Little people town

6. Sensory table – emotion color sort
7. build a family – math activity
8. Emotion Block
9. Make a face – felt board

		Monday	Tuesday	Wednesday	Thursday	Friday
7:15-8:15	Arrival – Sign in	Outside Arrival	Outside Arrival	Outside Arrival	Outside Arrival	Outside Arrival
8:15-8:30	Recess	Recess	Recess	Recess	Recess	Recess
8:30-9:00	Morning Meeting and Math based Calendar time Social emotional skill Math skill	Morning Meeting Introductions Brain Smart start I love you Ritual – Twinkle little star what a wonderful child you are. Review Morning Routine: Attendance and Wish You Well	Morning Meeting Introductions Brain Smart start I love you Ritual – Twinkle little star what a wonderful child you are. Review Morning Routine: Attendance and Wish You Well Al’s Pals lesson 5	Morning Meeting Introductions Brain Smart start I love you Ritual – Little Miss Muffet Go over Morning Routine: • Attendance and Wish You Well	Morning Meeting Introductions Brain Smart start I love you Ritual – Little Miss Muffet Go over Morning Routine: • Attendance and Wish You Well Al’s Pals lesson 6	Morning Meeting Introductions Brain Smart start I love you Ritual – Little Miss Muffet Go over Morning Routine: • Attendance and Wish You Well
9:00-9:15	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break
9:15-9:30	AM Snack	AM Snack	AM Snack	AM Snack	AM Snack	AM Snack
9:30-9:45	Circle time Alphabet song Letter of the week E and H	Alphabet song Letters in our name song All about the Letter E Letter E song Letter E song 2	Alphabet song Letters in our name song All about the Letter E Letter E song Letter E song 2	Alphabet song Letters in our name song All about the Letter E Letter E song Letter E song 2	Alphabet song Letters in our name song All about the Letter E Letter E song Letter E song 2	Alphabet song Letters in our name song All about the Letter E Letter E song Letter E song 2
9:45-9:55	Music and movement	Emotions Song Tapping to the Alphabet Count on me	Emotions Song Tapping to the Alphabet Count on me	Emotions Song Tapping to the Alphabet Count on me	Emotions Song Tapping to the Alphabet Count on me	Emotions Song Tapping to the Alphabet Count on me
9:55-10:15	Story time Theme based book and lesson	Book: Feelings Introduction – Emotions	Book: If your Happy and you know it. Discuss Happy Feelings	Book: What are you so Grumpy About Discuss Grumpy Feelings and what	Book: The Way I Feel Discuss Sad Feelings Look at real pictures of sad children. Discuss how	Book: The Pout-Pout Fish Discuss Exited Feelings Picture sort and hidden toys game

		Recite an emotions manta and sing a HEART bingo song	Sing a repeated movement song Play letter H game	to do when you feel grumpy Facial Expression game	body language can be a clue that someone is sad. Emotions match game	
10:15-10:45	Art and Centers Small group time: Math and Literacy	The Dot – Art Activity Journals – Horizontal lines Sensory table	Sensory table Mr. Potato head Lacing beads Blocks Fine motor Journals – letters or numbers Fine motor painting emotions	Music with Miss Aysia	Tracing my first initial of my name and using dry erase markers Fine motor – painting different types of lines Sensory table sort Mr. potato Head Feeling blocks	Literacy Lesson LWT- Sort Yourself – sort letters vs. numbers Pictures and words review Sensory table Mr. Potato head Home Living Lacing beads Blocks
10:45-11:15	Recess	Recess	Recess	Recess	Recess	Recess
11:15-11:30	Story time					
11:30-12:00	Lunch - Review Manners	Lunch	Lunch	Lunch	Lunch	Lunch
12-12:45	Read aloud / Quite time	Read aloud / Quite time	Read aloud / Quite time	Read aloud / Quite time	Read aloud / Quite time	Read aloud / Quite time
12:45-12:45	Bathroom break Get ready for recess	Bathroom break Get ready for recess	Bathroom break Get ready for recess	Bathroom break Get ready for recess	Bathroom break Get ready for recess	Bathroom break Get ready for recess
12:45-1:30	Recess	Recess	Recess	Recess	Recess	Recess
1:30-1:45	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break
1:45-2	Story time	Students Choice	Students Choice	Students Choice	Students Choice	Students Choice
2-2:45	Centers	Sign with Miss Savannah	Students Choice	Students Choice	Cooking	Students Choice
2:45-3:00	Music and movement - Yoga	Music and movement – Yoga Colors of Me Yoga	Music and movement- Yoga Colors of Me Yoga	Music and movement – Yoga Colors of Me Yoga	Music and movement – Yoga Colors of Me Yoga	Music and movement – Yoga Colors of Me Yoga
3:00-3:30	PM Snack Social Centers/recess Pack-up for pick-ups					