

Week:
Jan.26-30, 2026

Unit theme:
Animals in Winter

Learning Centers:
1. I Can Build Blocks – build a cave
2. Dramatic Play – Welcome to our cave – Bears
3. Science – animals sort (hibernation, migration, adapt)

4. Sensory Table – Matching game
5. Math – Pattern Bears, Sorting by size, acorn number match-up, hedgehog shape matching, what doesn't belong
6. Fine motor – cutting with scissors
7. Play Dough –
8. Writing Center – Tracing letters, matching upper and lower case, letter match-up

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7:15-8:15	Arrival / Morning Bags	Outside Arrival	Outside Arrival	Outside Arrival	Outside Arrival	Outside Arrival
8:15-8:30	Recess	Recess	Recess	Recess	Recess	Recess
8:30-9:00	Morning Meeting Numbers 7 Math concept – big and small Letter H Days of the week	Morning Meeting Brain Smart start love you Ritual –The more we get together	Morning Meeting Brain Smart start I love you Ritual –The more we get together	Morning Meeting Brain Smart start I love you Ritual –The more we get together	Morning Meeting Brain Smart start I love you Ritual –The more we get together	Morning Meeting Brain Smart start I love you Ritual –The more we get together
9:00-9:15	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break
9:15-9:30	AM Snack	AM Snack	AM Snack	AM Snack	AM Snack	AM Snack
9:30-10	Circle time Rhyming Bats – do they rhyme Bear song	Animals in Winter Going on a Bear Hunt -Sequence activity Discuss what animals do in winter. What is Hibernation.	What animals Hibernate - Explore what animals hibernate	Bear Snores On sequencing activity	All about bears - Parts of a bear - Different Kinds of Bears - What do animals do to stay warm in winter?	Where do different animals hibernate
10:00-10:45	Social Centers and Art activity	<ul style="list-style-type: none"> Number identification game H is for hibernation 	<ul style="list-style-type: none"> STEM challenge – build a winter shelter for the animals. Some Animals Hibernate coloring book 	<ul style="list-style-type: none"> Hibernation cave craft Which animals hibernate find and circle 	<ul style="list-style-type: none"> Which is warmer, skin or fur? (Science activity) 	<ul style="list-style-type: none"> Where does the animal hibernate activity
10:45-11	Heggerty (rhyming games and poems) and fine motor journals					
11-11:30	Recess	Recess	Recess	Recess	Recess	Recess
11:30-12:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12-1	Recess	Recess	Recess	Recess	Recess	Recess
1-1:30	Story time	Story time	Story time	Story time	Story time	Story time
1:30-2	Enrichment	Sign language	Music		Spanish	Story time with Miss Margret
1:30-2	Centers	Fine motor - Cutting and playdough	Students Choice	Students Choice	Students Choice	Students Choice
2:45-3:00	Music and movement - Yoga	Music and movement - Yoga	Music and movement- Yoga	Music and movement - Yoga	Music and movement - Yoga	Music and movement - Yoga

3:00-3:30

PM Snack

Social Centers/recess

Pack-up for pick-ups
